

Epping Forest District Council Representations to the Draft Local Plan Consultation 2016 (Regulation 18)

Stakeholder ID	3996	Name	Christopher	Charalambous
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Method	Letter
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Date	6/12/2016
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Letter or Email Response:

this is my objection to the planned development of our green spaces. as a personal trainer i fully advocate any kind of exercise, weather that be running, walking or dog walking. all of which i see daily on jessel green having green open spaces are vital for both mental and physical health. if we continue to lose our green spaces we will all end up living in a concrete jungle children should be encouraged to play outside, it is vital for both their physical and mental development. if we lose all the places they can safely play, you are forcing children in to the virtual realty world of computer gaming there are playgrounds on both jessel + rochford green, if you build on them that's two playgrounds gone, i take my daughter to the swings most days, once the playgrounds are gone, i would have to drive to the playground in order to give her fresh air. with the lose of green areas and the addition of thousands of cars the pollution levels will skyrocket . it is a medical fact that children's exposure to air pollution is a serious concern because their immune system and lungs are not fully developed when their exposure begins. studies show that traffic related pollution is linked to asthma, bronchitis, lower lung function and even infant mobility

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